

What Degree Can I Get?

Physical Education majors at Snow will want to complete either an Associate of Science (AS) or an Associate of Arts (AA) degree. These are transfer degrees, designed to prepare you to transfer to a four-year college and work on a Bachelor's degree. Students who major in physical education have found employment opportunities in elementary and secondary schools, coaching, health and fitness clubs, sports administration, athletic training, YWCA/YMCA programs, and corporate wellness facilities. In addition graduates may find opportunities to be personal trainers, The Physical Education major has three emphases: Teaching (K-12), Pre-Physical Therapy, Exercise Science, and Physical Education Coaching. Pre-physical therapy graduates will further their education at schools with physical therapy programs.



What Classes Should I Take?

Students who wish to transfer to a four-year institution should take the courses recommended below. Note that these recommendations represent a minimal commitment to studying Physical Education. *Students who have a transfer institution in mind should consult that institutions' athletic department regarding course transferability as soon as possible. Each institution requirements may be different.*

- BIOL 2420 Human Physiology + Lab
- BIOL 2320 Human Anatomy + Lab
- COMM 1020 Public Speaking
- PE 2222 Playground and Recreation
- PE 1543 First Aid
- PE 1096 Fitness for Life
- PE 2010 Intro. to Physical Education
- PSY 1010 General Psychology
- HFST 1500 Human Development
- HFST 1300 Personal & Family Health (optional)
- HFST 1020 Nutrition
- PE Intermediate Swimming

Opportunities

Students may work as lifeguards, water safety instructors, cooperative education teachers, and coaches, intramural staff and game officials, athletic team managers and recreation interns. Any club involvement is good, because it helps you learn leadership skills, plus how to work with others to organize and plan events.

Physical Education Department:

- Elliot Anderson (435) 283-7551 elliott.anderson@snow.edu
- Virgil Ash (435) 7552 virgil.ash@snow.edu
- Bob Trythall (435) 7553 bob.trythall@snow.edu
- Michael Ostlund (435) 283-7032 michael.ostlund@snow.edu
- Cindy Lindsay (435) 283-7035 cindy.lindsay@snow.edu
- Gary McKinzie (435) 283-7022 gary.mckinzie@snow.edu
- Justin DeCol (435) 293-7042 justin.decol@snow.edu

Associate of Science and Art Requirements

American Institutions 3*	ENGL 6	Math 2-5	OC 3
FA 3	HU 3	SS 3	PE 1096 1
Option 1: LS 3	PS 3	Labs 2	Scientific Inquiry 3
Option 2: LS 3	PS 3	Labs 1	Scientific Inquiry 3 MUST be a LS or PS
<p>Associates of Arts requires a Physical Science and a Life Science – but only one science lab. You must complete 4 credits of one language numbered 1020 or above. (Undergraduate tutoring and 2800 special projects excluded.)</p>			

Major preparation information is given only as a guide. Information is subject to change without notice. For most recent information, students must contact their transfer institution directly.

March 10