

Badger String Project

*Snow College
Horne School of Music*

Orchestra and Lessons Begin 2014

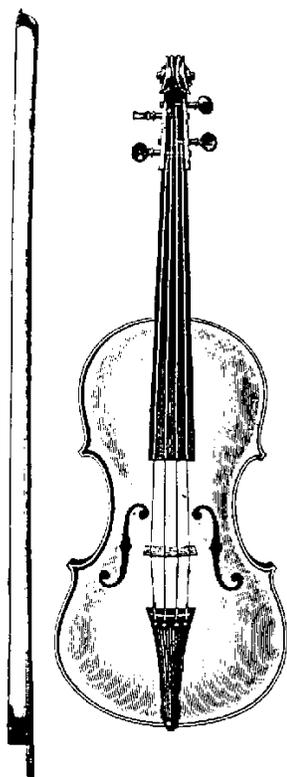
Orchestra Starts This Week!

Ephraim: Mon. / Wed. 7:30 a.m.

Manti, Fairview, & Moroni: Tues. / Thurs. 7:30 a.m.

Lessons Start Too!

Your private lesson teacher will call and set up a time with you. If you haven't heard from them and you have their number, feel free to call them. If any of you have trouble getting a hold of your teacher or one hasn't given you a call by Wed., Jan. 15th, call or e-mail the director (Sara Gunnell, 435-764-3581, sara.gunnell@snow.edu).



Note from the Director

Welcome to all new students and welcome back to all returning students. Congratulations to all of you that performed in the concert and recitals last semester. It was truly impressive to see how much was accomplished in one semester. I hope to show off all your new mad skills to your peers at school as well as some other community event. If any of you think of a good venue for the students to perform, let me know. The Orchestra party was a lot of fun, also. For those that missed it, you can still get your ice cream. Your private teachers know where it is and will help you dish some up. Our first Large Orchestra Rehearsal will be in February. All those dates, as well as recital and concert dates will be coming soon. I look forward to seeing all of you this semester.

-Sara Gunnell-

Ephraim Elementary: No Orchestra on Jan. 20th, MLK Day

A make-up Orchestra will be scheduled at a later date.

Ways to Deal with Performance Anxiety.

If your child struggles with performance anxiety, know that every musician struggles with it at some point and for most it is just a part of the job.

The best advice I could give would be to learn how to accept, and be proud of those moments that don't go as planned and perform again and again. If there is a performance that is disappointing for your child, let them know how proud you are of them and that they didn't let you down. Then work on the things they say didn't go well (let them choose) and perform again soon. Give your child chances to perform for an audience that will really give them positive feedback (even if there are still some mistakes). Build their confidence gradually with regular, non-threatening audiences (even the dog can work) and eventually they will see a disappointing performance can still be fun and that there is always another day to improve and try again.



How to get the most out of your lessons:

- 1) Attend with your child whenever possible
- 2) Take notes during the lesson or go over your child's lesson book – be sure you understand what your child's assignments are and how to accomplish them.
- 3) Ask your teacher for ways you can help during practice (count the number of repetitions, be the in-tune/on-the-tapes police, etc.)
- 4) Keep up the regular practice at home ☺